



Aim High Tumbling Times

February 2013

School's Out Vacation Camp

East Greenwich & Johnston Locations

Activities will include:

- Gymnastics
- Arts & Crafts
- Obstacle Courses
- Games

What to bring:

- 2 snacks
- 2 drinks
- water bottle
- *no peanut products

We have lots of options for any time that you need!

Ages 3 – 12

½ day morning (9am-12pm) or afternoon (12pm-3pm)

Full day (9am-3pm)

Extended Day Hours EG Location Only

Pricing:

Half Day

1 day (\$40); 2 days (\$65); 3 days (\$90);
4 days (\$115); 5 days (\$140)

Full Day

1 day (\$65); 2 days (\$115); 3 days (\$155);
4 days (\$170); 5 days (\$185)

Aim High Early Learning Center

Conceive Believe Achieve

Classes for Ages 2 to 5!

Now Enrolling for 2013-2014



Why Aim High?

- Nurturing and Experienced Staff
- Great Staff to Child Ratio
- Gymnastics is a part of our curriculum
- Transportation offered for Kindergarten Enrichment
- D.C.V.F. licensed

Our Programs

- Stargazers - Toddler Gym & Learn Class
- Galaxy Kids Kindergarten Enrichment
 - Full & ½ Day Preschool and Pre-K
 - New Expanded Hour Options

From the Front Desk...

- No Dance or Gymnastics Classes on Saturday, February 2nd...
Don't forget to schedule your make-up!
- Open House at Aim High II in Johnston Saturday, February 9th 1-3pm
 - 6th Gymnastics Installment Due February 18th—23rd
 - 5th Installment ends March 2nd

LITTLE STARS LESSON PLAN LOGIC

February 2013

FEBRUARY THEME: HEALTHY HEARTS

Welcome to all of our new students and parents
and welcome back to all of our returning
families!!!

A HELPFUL REMINDER: Please have your child use the bathroom before each class. If your child's hair is shoulder length or longer, for safety reasons we ask that it is up in a ponytail for class.

WHAT TO EXPECT:

Our Little Stars Gymnastics program is designed to introduce young children to the sport of gymnastics by exploring movement through obstacle courses, trampoline and power track, parachute games, pit fun, and multi-station lesson plans. The lesson plans follow a logical progression of skills.

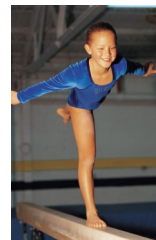
Each class begins with a fun aerobic warm up followed by stretching. The classes then visit 2 obstacle courses focused around specific events and concludes with a fun finish (bouncing, parachute games, and/or ball play)

Skill concentration:

- ◆ **BARS:** holding proper form for a front support and introduction to casting



- ◆ **BEAM:** working on balancing skills, trying a forward roll on our own!



When you see us on the...

Balance Beams: We are practicing walking backwards and sideways using our balance arms. We are challenging ourselves to try a forward roll on our own using the floor beam.

Bars: We are working on jumping to a front support and trying to cast (mermaid tails). We are working on using our tummy muscles to bring our toes to the bar and ring the bells.

Vault: We are working our hearts by jumping! Zig zag jumps over the Velcro beam and tuck jumps (knee slappers) on the mini trampoline. We are jumping on the large resi pit mat to a seat drop.

Floor: We are learning proper placement of our hands and feet for a cartwheel. We will be using a rainbow panel mat as a visual guide. We are starting to learn how to do a dive forward roll over the barrel down the large wedge mat.



ELC Tattler February 2013



Valentine's Day Reminder:

Please no edible treats as valentines. Just cards are great. If you feel the need to do more pencils, stickers & erasers are fine.

Preschool

How are you feeling today? We will be exploring our feelings, nice manners and ways we can be the best of friends. Learning the ins and outs of our feelings and what we can do to help everyone feel happy are on the schedule for the first two weeks of February. The end of the month we will be exploring healthy nutrition. What foods give us energy? What foods are "sometimes foods" and why? The heart, of course, is our February shape of the month. H, L & V are the letters we will work on and the number will be 7. Have a fabulous month!



Stargazers

Wow, what a difference a few months makes. Our little ones are doing a great job learning to share and play nicely together. We are still working on staying in line and following directions in the gym. This one is tough due to the distractions in such a large area. We'll keep working on it.

Miss Stephanie & Miss Missy



Dates to Remember:

- ♦ **Tuesday, February 5th**- E. Greenwich & Warwick Outreach Screening
- ♦ **Thursday, February 14th**- Valentine's Day
- ♦ **Friday, February 15th**- 100 Day Party for the Pre-K class
- ♦ **February 16th - 24th** ELC Closed for Winter Break

Pre- Kindergarten

The Pre-K class will be traveling back in time for the month of February. Destination: the Prehistoric Forest! Get ready to pack your paleontologist gear as we explore the world of dinosaurs! We will also introduce the letters S, Z, and U and work on recognizing the numbers 16-18.

The class will also be gearing up for our 100 Day party on February 15th. Mark your calendar now! All Pre-K families will be invited to the potluck celebration. The ELC will provide pizza, Allie's Donut cake and drinks. Hope to see you there.

Sincerely, Miss Jacqui & Miss Tara

Fabulous February

Hello Everyone. Hard to believe it is already February. Our internal enrollment has started for next year. As of February 1st we are open for external enrollment also. Our best advertising is from all of you. Please pass the word and have new friends call and set up a tour at any time.

Galaxy Kids

The big kids are doing well. Everyone has settled into their schedules and is enjoying our variety of themes. Just a quick note- it would be great for them to have refillable water bottles if at all possible.

Miss Amy & Miss Kalene

Friendly Reminders

To all Families, we are asking that everyone keep the speed down in the parking lot remembering that Aim High has many children entering and exiting our facility. Also, at drop off and pick up children are required to be accompanied by an adult to and from their cars. We cannot allow a child to run to their car unattended.

February 2013

SUN	MON	TUE	WED	THU	FRI	SAT
	<p>AIM HIGH EARLY LEARNING CENTER NOW ENROLLING FOR 2013-2014 SCHOOL YEAR TODDLERS/PRESCHOOL/PRE-K/KINDERGARTEN ENRICHMENT SCHEDULE YOUR TOUR TODAY!</p>				<p>1 Home School Open Gym 9:30-11:30am</p> <p>AH2 LSG Open Gym 9:15-10:15 Johnston Location</p>	<p>2 Aim High Classic</p> <p>No Gym or Dance Classes</p>
3 Aim High Classic	4	5	6	7	8 LSG Open Gym 9:30-11:30am Rising Star Open Gym 6:30-8:30pm	9 Boys Open Workout 11:00-12:30 AH II Open House 1-3pm
10	11	12	13	14 	15 AH2 LSG Open Gym 9:15-10:15 Johnston Location	16
17	18 Home School Open Gym 9:30-11:30am	<p>School's Out Vacation Camp</p> <p>← 6th Gymnastics Installments →</p>			22 LSG Open Gym 9:30-11:30am Rising Star Open Gym 6:30-8:30pm	23 Boys Open Workout 11:00-12:30
24	25	26	27	28		