



Aim High Tumbling Times

October 2011

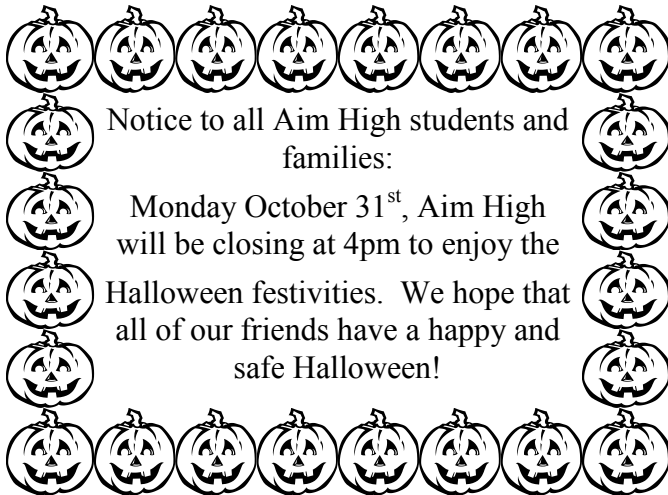
A Message from Miss Amy...



I would like to WELCOME all of our families to the new 2011-2012 school year! I wish our children the best in school. I hope they all enjoy wonderful new ventures.

Aim High has many new program offerings for this year. Keep an eye out in our upcoming monthly newsletters. Happy October; stay safe and keep smiling!!

Miss Amy



Notice to all Aim High students and families:

Monday October 31st, Aim High will be closing at 4pm to enjoy the

Halloween festivities. We hope that all of our friends have a happy and safe Halloween!



Bring A Friend Week

October 17th through 22nd

Little Stars, Girls & Boys Rising Stars, Shooting Stars, Pre-Team, & Top Guns are welcome to bring their friends to class.

We ask that children please bring friends of a similar age range to their current class that are not currently enrolled at Aim High to make this the most enjoyable and fun experience for all!

All friends must have a permission slip signed by their parent and handed in to the front desk during the week prior to their visit.

We look forward to meeting lots of new friends this year. More information will be distributed at the end of your child's class during the first week of October.



From the Front Desk...

- Aim High will be Opened for recreational gymnastics classes on Columbus Day, Monday, October 11th. There will be no Team, Dance or Early Learning Center ***If you need a make-up please schedule ahead of time.***
- 2nd installments are due October 3rd. The current installment ends on Saturday October 15th.
- If you have a credit card on file at the front desk, we will automatically charge your card for the 2nd installment unless you inform the front desk otherwise.
- Tuesday, October 11th - Please join Aim High Academy in our Blood Drive between 3 and 6pm. Stop by the bloodmobile in our parking lot and help save a life.

Monthly Events & Clinics at Aim High!

Each month we will be offering a variety of different events & clinics for children of all ages. We will follow the same schedule each month so that you can look forward to a whole year of consistent programming and special opportunities to come hang at Aim High. Pre-registration is required for all events. Feel free to find more information, check our schedule and sign up through our website... www.aimhighacademy.com. Updates and information will also be posted on our Facebook page!

Open Gyms

2nd & 4th Friday of every month.

Little Stars

Boys & Girls ages 1 to 5
9:30am-11:30am*.

**Guardians must remain with their children the entire time that they are in the facility for open gym with this age group*

Rising Stars

Boys & Girls ages 5 -12
6:30pm-8:30pm.

Suggested price is \$10

Skill Clinics

Come and work on a different skill each Friday!

1st Friday – Handstands

2nd Friday – Pull overs

3rd Friday – Cartwheels

4th Friday – Special Requests! *Special requests for the 4th Friday can be submitted by email or on our Facebook page!*

Ages 3 through 5

9:15am to 10:00am.

Ages 5 through 12

4pm to 5pm.

Cost is \$10 for members and \$15 for non-members.

Specialty Camps

On the 3rd Friday of each month we will explore gymnastics, movement, and arts & crafts through theme based activities.

**ages 3 through 5
10am-1pm.**

The cost is \$25

includes a pizza party lunch.

**October theme is Creepy Crawlies
November's theme is Pajama Parade**

Friday Kids' Night

Want to enjoy a nice night without the kids? Bring them to Aim High for some fun while you head off to a nice dinner or just relax on your own.

Children ages 3 through 12

**6:00pm-8:30pm on the
3rd Friday of each month.**

The cost is \$25 for members and \$30 for non-members.

Discounts for siblings



New: Girls Recreational Team

Is your gymnast looking to add a little spice to her recreational gymnastics classes? Or is she looking to some day become a part of our girls' competitive team? Our new girls' recreational team may be a good fit for your athlete. As a member of our Rec. Team, girls will take their normally scheduled recreational gymnastics class in addition to 1 or 2 corresponding Rec. Team practices. Members of our Rec. Team will be required to order a uniform for their competitions. They will have the opportunity to perform in 2 or 3 fun

competitions at Aim High and possibly a fun competition at another gym in RI. Rec. Team practices are divided by level to correspond with our girls Rising Stars program.

Corresponding Levels for Classes

Rec. Team Practice Options

Level 1 – Little Dippers & Starlights

Wed. 5-6pm Thur. 5:15-6:15pm

Level 2 – Starbrights

Wed. 5-7pm Thur. 5:15-7:15pm

Level 3 – Big Dippers Wed. 5-7pm Thur. 5:15-7:15pm

Supernovas – contact Miss Allie for level

Wed. 5-7pm Thur. 5:15-7:15pm

Pricing information is available at our front desk. For more information, please email Miss Allie at a.jackson@aimhighacademy.com

Boys Gymnastics at Aim High Academy by Tristan Heuvelman

Some might feel October is a sad month. The summer is officially over, the days are getting shorter, the temperature is cooling down, and school is in full swing. But at Aim High October is a month with tons of exciting events and programs.

We would like to welcome all the boys in our Boys Rising Stars and Boys Competitive programs. We are looking forward to an exciting year with lots of smiling faces and fun times with old and new friends. I will take this moment to point out some of the special events and dates that are important to your son and the program that he is in.

The first announcement I would like to make is Bring a Friend Week. This is a very exciting week! All Boys currently enrolled in Boys Rising Stars classes, can bring one friend to class. *(Non-member and similar in age)* The coaching staff will have a special class designed for that week. Both

you and your friend can have a great time bouncing on trampolines, challenge each other with strength exercise and much more. Please keep your eyes open for more information on this event.

The second announcement I would like to make is that Aim High Academy has restructured its tumbling program. Now with more options geared towards different tumbling styles and the individual needs of a child and his/her skill level. We now offer classes 4 times a week. The new tumbling program will start the week of October 17th. *(second installment)* A tumbling class is great as an addition to a current class. All tumbling classes will help body awareness and air awareness when in motion, great for other sports like skiing, snowboarding, martial arts and cheerleading.

Third I would like to announce that there is no team practice on Columbus Day, Monday, October 10th, and on

Halloween, Aim High Academy will be closed at 4:00pm. There will be no classes after 4:00pm, or Team practice on this day.



Aim High will also sponsor a fun filled special event scheduled prior to Halloween. Please keep your eyes open for information regarding a Halloween themed Overnight and Kids Night on October 21st.

Welcome to the Boys Program! We are so excited for another great year!!



Girls Competitive News By Cheri Jackson

Thanks to all who participated in our Handstand record attempt to benefit Children's Miracle Network. I am proud to announce that the world record for the most number of people in a handstand at the same time was attained by the USA. Great job everyone. Aim High was represented by the most number of athletes from any gymnastics facility in Rhode Island. We are so proud of you !

The optional team athletes attended

the Rising Star and Working Together clinic held in Westfield, Massachusetts. Guest Clinicians included Tammy Biggs, and Ivan Ivanov, and USA Gymnastics National Staff. The girls worked very hard and learned from other coaches and other athletes. We were well represented and the girls did a great job.

We are getting ready for the Rhode Island Invitational which will be held at Bryant University on December 2 – 4th. This is the biggest fundraiser for

our Parents Association and we welcome athletes from all over the north-east region. More information will be out soon on how you can come and support your Aim High Competitive Team.

Please as always if you have any questions regarding the team, email me at

c.jackson@aimhighacademy.com

Lets get ready for a great season !!





ELC Tattler October 2010



Laying the foundation for Future Learning



Ready! Set! Go!

We are off to an incredible start in the ELC. It is amazing to see how nicely the children have settled in to their new routines of school. What a wonderful group of children!

Our Fall Fundraiser is Yankee Candle. All of the proceeds from this go towards our Playground Fund. In the past we have been able to purchase bicycles, scooters, sand toys, trucks, and so much more. This year we have some toys that have seen a lot of love and need to be replaced. Maybe a few new things will appear.

Parents please remember with the cold weather coming that children should be dressed accordingly. We make every effort to get outside when the weather is permitting.



Preschool & Pre-K News

This month we will be continuing on through the 5 senses and family to finish up with Fabulous Me. Then it is on to Halloween Hoopla. We will be discovering the season of Fall and having a spirit week to bring in the fun. The children will explore gourds and pumpkins. What are they? How do they grow? What is inside of them? Yuck! Lots of fun is to be had. The teachers will continue introducing Lively Letters and Handwriting Without Tears. Everyone is settling in and we are looking forward to a great Fall.

Stargazers



Our little ones are settling in nicely. We are getting to know each other and learning the schedule. Keep the routine going Mom's and Dad's. The children are all starting to come in with smiles on and ready for fun.



Enrichment Classes

Our Kindergarten children have settled in nicely to their longer days. We have lots of fun learning the new schedule and meeting our new friends. There are very few spots available and we will have to start a waiting list. The word is out that Aim High is the place to be before and after K. The sport for Thursdays will be changing to basketball and all the other days will continue to add great new things.



Dates to Remember



Monday, October 10th the Early Learning Center will be closed for **Columbus Day**.

Wednesday & Thursday, October 12th & 13th—**SCHOOL PICTURES** for Stargazers, Preschool & Pre-K.

Monday, October 24th—Friday, October 28th
SPIRIT WEEK: Monday-silly socks, Tuesday-crazy hair/hat, Wednesday-sports, Thursday-PJ Day, & Friday-wear orange

October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7 Homeschooling Open Gym 9:30-11:30	8
2nd Installments Due this Week						
9	10 No Team or ELC Columbus Day	11 Homeschooling Open Gym 9:30-11:30	12	13	14 Open Gym LSG 9:30-11:30 RSG 6:30-8:30	15
16	17	18	19	20	21	22
Bring—A—Friend Week						1st week of 2nd installment
23	24 Silly Sock Day	25 Crazy Hair or Hat Day	26 Sports Day	27 Pajama Day	28 Orange Day Open Gym LSG 9:30-11:30 RSG 6:30-8:30	29 Wear Orange Day
30	31 Happy Halloween Aim High Closes at 4:00pm					

Aim High Academy's Halloween Party &



OVERNIGHT



Friday October 21, 2011

\$50 members & \$55 nonmembers Ages 7 & up

Halloween Theme...

Games * Obstacles * Crafts * Costume contest * And so much more!

***Sign up at the front desk... space is limited!**

*There will be a Friday Kid's Night running from 6:00-8:30pm for those who do not want to stay over... this is open to ages 3 & up for \$25