

Cosmic Kids Special Needs Program

MISSION STATEMENT

Cosmic Kids Special Needs Program will build self confidence, develop coordination and balance, improve gross motor skills, instruct proper posture and balance, increase flexibility and strength, enhance attention spans and the ability to focus on auditory and visual skills, while helping participants develop and achieve set goals in a motivating setting.

PROGRAM DESCRIPTION

A Sensory Motor Recreational Gymnastics program that promotes the development of motor skills, while enhancing cognitive, behavioral and social skills for individuals between the ages of 4 and 14. Cosmic Kids Special Needs program will provide activities and skill training to develop gross and fine motor skills in a welcoming, enjoyable environment. Our purpose is to develop each participant through positive playful interactions that are based on each individual's particular needs. The activities will be adjusted to include flexibility training, conditioning, tumbling, trampoline and pit work. The program is available for individuals with, but not limited to the following challenges: Attention Deficit Disorder, Auditory Deficit, Autism, Behavioral, Bipolar Disorder, Cerebral Palsy, Coordination, Developmental Delay, Emotional, Hyperactivity, Sensory, Social, Speech, Traumatic Brain Injury and Visual Deficits. We will provide periodic reports on each participant to reinforce learning. Special medical and physical reports from doctors may be needed for individuals to participate. We also require that personal care workers accompany participants to offer extra support services as needed.

BIO

Savannah Soares is the coach coordinator of the Cosmic Kids Special Needs Program at Aim High Gymnastics Academy. Savannah has been coaching gymnastics part time for four years. She holds a degree in Rehabilitation and Human Services from Pennsylvania State University. While attending Pennsylvania State University, she worked in a Special Education classroom assisting students with multiple disabilities. She also worked as a special needs job coach; planning, supervising, mentoring and reporting on the progress of individuals in her care. Savannah trained gymnastics at Aim High Gymnastics Academy for many years, where she developed confidence and skill. She went on to be a member of the Pennsylvania State University Division I Gymnastics Program. Savannah offers private and small group lessons to special needs individuals. Please contact Savannah at s.soares@aimhighacademy.org or call Aim High at 401-886-STAR.

FRIDAY NIGHT DROP INS

Once a month on set Friday evenings from 7:30-8:30pm, we offer open gym for individuals with special needs to participate in gymnastics activities. Each session will be theme based with thematic appropriate props, decorations and treats. The recreational activities will provide time for individuals to build gross motor skills and have fun. We will provide many different activities which will promote body awareness and positive self concepts. The children will have the opportunity to use the balance beams, uneven bars, floor mats and a tumble track. We require that personal care workers accompany participants to offer extra support services as needed. These sessions will be located at our Johnston location.

Dates of Special Needs Open House -

- October 28 - Halloween Theme
- November 18 - Thanksgiving Theme
- December 16 - Winter Theme
- January 27 - New Year's Theme
- February 17 - Valentine's Day Theme