

Schedule for the Aim High Classic

Aim High Academy

3355 South County Trail

East Greenwich, RI 02818

Saturday, February 15th, 2014

Session 1	Level 2 and Level 3	NEGTC, Meridian, Aim High, Next Dimension
Stretch	8:00 am	Envy (Level 2)
Timed Warm Up	8:15 am	
March In	9:00 am	
Awards	10:50 am	
Session 2	Level 3	Thames Valley, Dream Big, Ocean State, Envy
Stretch	11:15 am	
Timed Warm Up	11:30 am	
March In	12:10 pm	
Awards	1:35 pm	
Session 3	Level 4	Aim High, Next Dimension, Meridian
Stretch	2:00 pm	
Timed Warm Up	2:15 pm	
March In	3:00 pm	
Awards	4:45 pm	
Session 4	Level 6, Level 7 & Platinum	Aim High (Level 6 & Plat) Metro South (Level 7)
Stretch	5:15 pm	NEGTC (Level 7) Meridian (Level 6 & Plat)
Timed Warm Up	5:30 pm	Ocean State (Plat) Renaissance (Plat) Envy (Plat)
March In	5:55 pm	Thames Valley (Level 6 & 7) Next Dim (Level 7)
Awards	9:45 pm	

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Sunday, February, 16th,2014

Session 5	Xcel Bronze and Silver	Silver: Aim High,NEGTC,Envy, Meridian,Ocean State, WDGA
Stretch	8:00 am	Renaissance
Timed Warm Up	8:15 am	Bronze, NEGTC,Meridan
March In	9:10 am	
Awards	10:30 am	
Session 6	Xcel Gold	Aim High, NEGTC,Meridain, Envy, Ocean State,
Stretch	11:30 am	WDGA,Renaissance
Timed Warm Up	11:45 am	
March In	12:25 pm	
Awards	1:30 pm	
Session 7	Level 4 & Level 5	Level 4: Ocean State,Envy,NEGTC,WDGA
Stretch	2:30 pm	Level 5: NEGTC,Meridian, Aim High, Next Dimension
Timed Warm Up	2:45 pm	
Awards	5:30 pm	
Session 8	Level 8/9/10/Diamond	Level 8: Aim High,Metro South,NEGTC,Next Dimenison
Stretch	6:30 pm	Level 9: Aim High, NEGTC,Next Dimension, Thames Valley
Timed Warm Up	6:45 pm	Level 10: Aim High, Thames Valley, Next Dimension
March In	7:00 pm	Diamond: Ocean State
Awards	9:45 pm	

Please understand that these schedules may be modified a bit before the event. In that case you will be notified. Please note that all music should be on iPod/phone on airplane mode etc. We do not have a cd player available. All equipment is AAI and the vault landing may be mats over the pit system for some levels. The format for levels 2-5 and Xcel Bronze-Gold will be traditional and all others will be warm up and compete. Please let your parents know that parking is limited and not to park in the Richard's Pub parking lot, they will be towed. Best bet is to carpool as necessary. NO food or beverages will be allowed in the gym by spectators. Athletes may carry a water bottle. Awards will be handed out immediately following the session including team awards for each session.